

PSYCHOLOGY (PSYCH)

PSYCH 001 General Psychology 3 Units

This behavioral science course is a basic introduction to the scientific study of the psychological, biological and environmental influences on behavior. It is a survey of traditional and contemporary theories and attitudes about perception, consciousness, learning, memory, thinking, human development, intelligence emotions, motivation, personality, stress/adaptation, abnormal behavior/ treatment, and the social world. It is designed to give insight into oneself and others. (C-ID PSY 110)

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: O
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: D IGETC: 4 District GE: D

PSYCH 018 Introduction to Research Methods 3 Units

This course is an introduction to the experimental and correlational methods used in psychological research. Students will learn to research the literature, design and perform experimental and non-experimental research, and write reports on the research findings. Students will perform statistical analyses on data collected from research conducted during lab sessions. (C-ID PSY 200)

Lecture Hours: 2 Lab Hours: 3 Repeatable: No Grading: L
Prerequisite: PSYCH 001 and MATH 063; all with C or better
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: D IGETC: 4 District GE: D

PSYCH 020 Psychology of Stress Reduction 3 Units

Students are presented with a comprehensive approach to stress and stress reduction from a psychological perspective. A psychophysiological model of stress will be presented and analyzed. A variety of evidenced-based stress reduction methods will be taught in the contexts of student and work life settings.

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Recommended: Completion of PSYCH 001
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU Degree Applicable: AA/AS
CSU GE: E IGETC: None District GE: E

PSYCH 025 Psychology of Women: Global Perspective 3 Units

This course examines the female experience from a global, historical, familial, cultural and psychological framework, and analyzes how women's lives are shaped by social and economic institutions, political movements, ethnicity, race and individual experiences. Psychological theories and current research will address concepts of development, gender-typing, sexism, motherhood, work, adaptation, well being as well as other psychological questions of central concern to women.

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: D, E IGETC: 4 District GE: D, E, ES

PSYCH 026 Violence Against Women: Cross-Cultural Perspective 3 Units

This course presents an overview of various forms of violence against women and girls from a global and human rights perspective through critical examination of social structures and psychological research. Contemporary attitudes towards women, children, power, aggression, sexuality, race and class will be investigated. Topics will include, rape, wife beating, incest, sexual harassment, sex trafficking, pornography, honor and dowry killing, and economic, psychiatric and military violence. The course will also consider the ways in which women are individually and collectively combating these various forms of violence.

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Recommended: PSYCH 025
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU Degree Applicable: AA/AS
CSU GE: D IGETC: None District GE: D

PSYCH 030 Introduction to Biological Psychology 3 Units

This course is designed to provide an overview of biological approaches to understanding behavior. The course will cover the general organization of the neural and neuroendocrine systems and their influences in the control of behavior. Animal and human research findings, within the science of brain-behavior relationships, will be included. This course is designed to prepare students for more advanced courses in behavioral neuroscience, clinical psychology, and other health-related fields. It is required for psychology majors. (C-ID PSY 150)

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Prerequisite: PSYCH 001 with C or better
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: B2, D IGETC: 5B District GE: B2, D

PSYCH 051 Introduction to Cross-Cultural Psychology 3 Units

Students will examine how individuals' behavioral, developmental, and cognitive phenomena are differentially affected by culture and subculture. Emphasis on the diversity of parent-child relationships, role of women and men, adult personality and beliefs, attitudes and values. Service-Learning is included in this course.

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Recommended: Enrollment in or completion of PSYCH 001
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: D IGETC: 4 District GE: D

PSYCH 060 Personal Growth and Adjustment 3 Units

This course is a study of psychological processes through which people manage to cope with the demands and challenges of everyday life. A broad variety of topics are examined including personality patterns, stress, social and intimate relationships, adjustments to development through the life span and psychological/physical wellness as they influence and are affected by adjustment. Effective and ineffective personal growth and adjustment is analyzed in the context of contemporary and complex society. (C-ID PSY 115)

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: D, E IGETC: 4 District GE: D, E

PSYCH 092 Developmental Psychology 3 Units

This course is an introduction to developmental psychology. Human development is traced from conception through death and dying. The biological, cognitive, psychological, social and cultural factors affecting development and the integration and interactions of these factors throughout the lifespan of human beings will be studied. The dynamic interrelationship of these factors to the uniqueness of, and differences between, individuals will also be considered. Development tasks and potential developmental crises in the contemporary multicultural society are identified for each age group. (C-ID PSY 180)

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: D, E IGETC: 4 District GE: D, E

PSYCH 096 Marriage, Family, and Intimate Relationships 3 Units

Students will study the family, marriage and relationship from psychological, historical and intercultural perspectives. Topics to include gender socialization and inequality, personality development, dating, Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) relationships, marriage, family violence, divorce, and remarriage, and how they relate to psychological well-being. (C-ID SOCI 130)

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: D, E IGETC: 4 District GE: D, E

PSYCH 099 Abnormal Psychology 3 Units

This course introduces the scientific study of pathology and atypical behaviors from a variety of perspectives including biological, psychological and sociocultural approaches. The course surveys the multidimensional influences on the diagnosis, etiology, and treatment of abnormal patterns of behavior. Traditional psychological models, as well as current research evidence of the reciprocal relationship of biology and behavior, are used to study psychopathology. Clinical cases are used to examine life-span cultural influences on abnormal behavior. (C-ID PSY 120)

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: D IGETC: 4 District GE: D

PSYCH 100 Human Sexuality 3 Units

This course is designed to offer scientific information on human sexual functioning. It will include current research findings related to sexual behavior, social learning of sexual roles, anatomy and physiology of sexual response, social-cultural influence pertaining to sexual behavior, sexual adjustment and maladjustment. The course will also include topics covering sexual orientations and legal and political aspects of sexual behavior. (C-ID PSY 130)

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
CSU GE: D, E IGETC: 4 District GE: D, E