

NUTRITION AND DIETETICS- ASSOCIATE IN SCIENCE FOR TRANSFER

The Associate in Science in Nutrition and Dietetics for Transfer (AS-T) degree offers students basic knowledge in human anatomy or physiology, psychology, chemistry, and nutrition. Students with a degree in Nutrition and Dietetics find employment within a wide range of organizations, such as medical facilities, research labs, government agencies, universities, pharmaceutical companies, and the food industry. This degree is also an excellent preparation for students planning to continue their education in medicine, public health and/or allied health sciences.

The AS-T in Nutrition and Dietetics is intended for students who plan to complete a baccalaureate degree in Nutrition and Dietetics or a related field of study at a California State University (CSU). Students who complete this degree are guaranteed admission to the CSU system, but not to a particular campus or major. Students transferring to a CSU campus that accepts the AS-T in Nutrition and Dietetics will be required to complete no more than 60 semester units after transfer to earn a baccalaureate degree.

To be awarded the Associate Degree for Transfer, students must have the following:

- Completion of 60 CSU transferable semester units.
- A minimum of at least 2.0 GPA in CSU transferable courses (note that a higher GPA may be required in some institutions).
- Completion of at least 18 semester units in the major with a grade of "C" or better. A "P" (Pass) grade is also an acceptable grade for courses in the major if the course is taken on a Pass/No Pass basis.
- Certified completion of the CSU General Education-Breadth (CSU GE-Breadth) requirements.

Please Note: No more than 60 semester units are required for this degree and no additional requirements will be imposed by Evergreen Valley College.

Program Learning Outcomes

- Identify the role of nutrients and healthy food preparations for optimal health and well-being.
- Identify nutrition related chronic diseases by applying knowledge of nutrient functions, food sources and physiologic systems.
- Explain how genetics and lifestyle factors affect nutritional and health status.
- Assess a diet for nutrient adequacy using a current computerized USDA database.

Major Requirements

Course	Title	Units
Core Requirements		
BIOL 074	General Microbiology	5
CHEM 001A	General Chemistry	5
FCS 019	Nutrition	3
PSYCH 001	General Psychology	3
LIST A - Select two courses from the following:		8-10
BIOL 071	Human Anatomy	

or BIOL 072	Human Physiology	
CHEM 001B	General Chemistry	
CHEM 012A	Organic Chemistry	
MATH 063	Elementary Statistics	
or BUS 060	Fundamentals of Business Statistics	
LIST B - Select one course from the following:		3-5
BIOL 021	General Biology	
CHEM 012B	Organic Chemistry	
CHEM 030A	Introduction to Chemistry	
CHEM 030B	Introduction to Chemistry	
ECON 010A	Principles of Macroeconomic Theory	
ECON 010B	Introduction to Microeconomic Theory	
SOC 010	Introduction to Sociology	

Total Requirements

Course	Title	Units
Major Requirements		27-31
CSU-GE Breadth ¹		39
Transferable electives (as needed to reach 60 units)		
Total Units		60

¹ Some GE courses may be double-counted within the major and will reduce the number of units. General electives may be needed to reach 60 units. Please consult with a counselor to determine which courses are applicable.