

CSU GENERAL EDUCATION REQUIREMENTS

Courses listed in more than one area can only be used in one area.

AREA A: English Language Communication and Critical Thinking

Select one course from each area ("C" grade or better in each course).
Minimum 9 units

Course	Title	Units
A1: Oral Communication		
COMS 010	Interpersonal Communication	3
COMS 020	Oral Communication	3
COMS 040	Introduction to Argumentation	3
COMS 045	Small Group Communication	3
A2: Written Communication		
ENGL 001A	English Composition	3
A3: Critical Thinking		
COMS 040	Introduction to Argumentation	3
ENGL 001C	Critical Thinking/Composition	3
PHIL 060	Logic and Critical Thinking	3

AREA B: Scientific Inquiry and Quantitative Reasoning

Select one course from each area B1, B2 and B4 (*minimum one course with lab*). Minimum 9 units

Course	Title	Units
B1: Physical Science		
ASTRO 010	Introduction to Astronomy	3
ASTRO 014	Solar System Astronomy	3
ASTRO 016	Stars, Galaxies, and the Origin of the Universe	3
CHEM 001A	General Chemistry	5
CHEM 001B	General Chemistry	5
CHEM 012A	Organic Chemistry	5
CHEM 012B	Organic Chemistry	5
CHEM 015	Fundamentals of Chemistry	4
CHEM 030A	Introduction to Chemistry	4
CHEM 030B	Introduction to Chemistry	4
ENVIR 010	Environmental Science	4
GEOG 010	Introduction to Physical Geography	3
OCEAN 010	Descriptive Oceanography	3
PHYS 001	Introductory Physics	3
PHYS 002A	Algebra/Trigonometry-Based Physics I	4
PHYS 002B	Algebra/Trigonometry-Based Physics II	4
PHYS 004A	General Physics	5
PHYS 004B	General Physics	5
PHYS 004C	General Physics	5
PHYS 007A	Calculus-Based General Physics for Scientists and Engineers - I	4
PHYS 007B	Calculus-Based General Physics for Scientists and Engineers - II	4

PHYS 007C	Calculus-Based General Physics for Scientists and Engineers - III	4
PHYS 012	Earth Science	3
B2: Life Science		
ANTH 062	Introduction to Physical Anthropology	3
ANTH 064	Introduction to Archaeology	3
BIOL 004A	General Principles and Cell Biology	5
BIOL 004B	Organismal Biology and Biodiversity	5
BIOL 020	Human Biology	4
BIOL 021	General Biology	4
BIOL 061	Human Heredity	3
BIOL 062	Plants and Human Welfare	3
BIOL 063	Ecology: Connections of Life, Environment and Humans	3
BIOL 064	Marine Biology	4
BIOL 065	Wildlife Biology	3
BIOL 071	Human Anatomy	5
BIOL 072	Human Physiology	5
BIOL 074	General Microbiology	5
ENVIR 010	Environmental Science	4
PSYCH 030	Introduction to Biological Psychology	3
B3: Laboratory Activity		
ANTH 062L	Physical Anthropology Laboratory ²	1
ASTRO 010L	Introductory Astronomy Lab ¹	1
ASTRO 014	Solar System Astronomy	3
ASTRO 016	Stars, Galaxies, and the Origin of the Universe	3
BIOL 004A	General Principles and Cell Biology	5
BIOL 004B	Organismal Biology and Biodiversity	5
BIOL 020	Human Biology	4
BIOL 021	General Biology	4
BIOL 064	Marine Biology	4
BIOL 071	Human Anatomy	5
BIOL 072	Human Physiology	5
BIOL 074	General Microbiology	5
CHEM 001A	General Chemistry	5
CHEM 001B	General Chemistry	5
CHEM 012A	Organic Chemistry	5
CHEM 012B	Organic Chemistry	5
CHEM 015	Fundamentals of Chemistry	4
CHEM 030A	Introduction to Chemistry	4
CHEM 030B	Introduction to Chemistry	4
ENVIR 010	Environmental Science	4
PHYS 001	Introductory Physics	3
PHYS 002A	Algebra/Trigonometry-Based Physics I	4
PHYS 002B	Algebra/Trigonometry-Based Physics II	4
PHYS 004A	General Physics	5
PHYS 004B	General Physics	5
PHYS 004C	General Physics	5
PHYS 007A	Calculus-Based General Physics for Scientists and Engineers - I	4
PHYS 007B	Calculus-Based General Physics for Scientists and Engineers - II	4

PHYS 007C	Calculus-Based General Physics for Scientists and Engineers - III	4
PHYS 012	Earth Science	3
B4: Mathematics/Quantitative Reasoning		
(with a "C" grade or better)		
BUS 060	Fundamentals of Business Statistics	3
COMSC 080	Discrete Structures	3
MATH 020	College Algebra for Liberal Arts	3
MATH 021	Precalculus Algebra	4
MATH 022	Trigonometry	3
MATH 025	Precalculus Algebra and Trigonometry	6
MATH 052	Math for Elementary Education	3
MATH 061	Finite Mathematics	3
MATH 062	Calculus for Business and Social Science	3
MATH 063	Elementary Statistics	3
MATH 066	Calculus I Late Transcendentals for STEM	4
MATH 067	Calculus II Late Transcendentals for STEM	4
MATH 070	Discrete Mathematics	4
MATH 071	Calculus I With Analytic Geometry	5
MATH 072	Calculus II With Analytic Geometry	5
MATH 073	Multivariable Calculus	5
MATH 078	Differential Equations	4
MATH 079	Linear Algebra	3

¹ ASTRO 010L will be acceptable only if student has completed ASTRO 010 previously or concurrently.

² ANTH 062L will be acceptable only if student has completed ANTH 062 previously or concurrently.

AREA C: Arts and Humanities

Select one course from C1, one course from C2, and one additional course from either C1 or C2. Minimum 9 units

Course	Title	Units
C1: Arts - Arts, Cinema, Dance, Music, Theater		
ART 090	Art Appreciation	3
ART 091	Survey of Art History: Prehistoric Through Gothic	3
ART 092	Survey of Art History: Renaissance to the Present	3
ART 093	History of Modern Art	3
ART 096	History of Asian Art	3
ART 097	Women Artists in Art History	3
DANCE 002	Dance Appreciation	3
ETH 011	Ethnic Images in Film	3
MUSIC 083	Exploring the World of Music	3
MUSIC 091	Music Appreciation: Western Civilization	3
MUSIC 093	Introduction to Film Music	3
MUSIC 099	Introductory Music	3
THEAT 020	Introduction to Theatre Arts	3
THEAT 025A	Theatres of Diversity: Chicanx/Latinx Theatre	3

THEAT 040	Introduction to Film	3
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C2: Humanities - Literature, Philosophy and Languages Other Than English

ENGL 001B	English Composition	3
ENGL 028	Introduction to World Mythology	3
ENGL 032	Gender in Literature	3
ENGL 052	Children's/Adolescent Literature	3
ENGL 062	Asian/Asian-American Literature	3
ENGL 073	Introduction to Shakespeare	3
ENGL 080	Mexican-American Literature	3
ENGL 082A	African-American Literature	3
ENGL 084A	Survey of American Literature I	3
ENGL 084B	Survey of American Literature II	3
ENGL 086A	Survey of English Literature I	3
ENGL 086B	Survey of English Literature II	3
ETH 010	Introduction to Ethnic Studies	3
ETH 020	African American Culture	3
ETH 022	African American Music	3
ETH 025	The Afro-Latinx American Experience	3
ETH 029	Women of Color in the United States	3
ETH 030	Chicana/o Culture	3
ETH 040	Vietnamese American Culture and Experience	3
ETH 042	Asian American Experience	3
ETH 050	California Native American Culture	3
ETH 056	Native Americans of North America	3
FREN 001A	Elementary French	5
FREN 001B	Elementary French	5
HIST 010A	Development of Western Culture I	3
HIST 010B	Development of Western Culture II	3
HUMNT 002	Introduction to World Literature	3
PHIL 010	Introduction to Philosophy	3
PHIL 030	History of Ancient and Medieval Philosophy	3
PHIL 040	History of Modern Philosophy	3
PHIL 065	Introduction to Ethics	3
PHIL 070	Comparative Religions	3
SPAN 001A	Elementary Spanish I	5
SPAN 020A	Spanish for Heritage Speakers I	5
SPAN 020B	Spanish for Heritage Speakers II	5
SPAN 039	Introduction to Spanish and Latin American Literature	3
VIET 001A	Elementary Vietnamese	5
VIET 001B	Elementary Vietnamese	5

AREA D: Social Sciences

Select two courses - minimum 6 units

Course	Title	Units
Administration of Justice		
AJ 010	Introduction to Administration Of Justice	3
AJ 011	Criminal Law	3
AJ 013	Criminal Procedures	3
AJ 014	Contemporary Police Issues	3

AJ 019	Law Enforcement in Multicultural Communities	3
AJ 113	Crime and Violence in America	3
AJ 116	Introduction to Corrections	3
AJ 123	Women and Criminal Justice	3
Anthropology		
ANTH 062	Introduction to Physical Anthropology	3
ANTH 063	Introduction to Social and Cultural Anthropology	3
ANTH 064	Introduction to Archaeology	3
ANTH 066	Native Peoples of California	3
ANTH 090	Introduction to Mesoamerica	3
Communication Studies		
COMS 035	Intercultural Communication	3
Economics		
ECON 010A	Principles of Macroeconomic Theory	3
ECON 010B	Introduction to Microeconomic Theory	3
English		
ENGL 080	Mexican-American Literature	3
ENGL 082A	African-American Literature	3
Engineering		
ENGR 001	Technology and Society	3
Ethnic Studies		
ETH 010	Introduction to Ethnic Studies	3
ETH 011	Ethnic Images in Film	3
ETH 020	African American Culture	3
ETH 025	The Afro-Latinx American Experience	3
ETH 029	Women of Color in the United States	3
ETH 030	Chicana/o Culture	3
ETH 035	Sociology of the Chicanx Experience	3
ETH 040	Vietnamese American Culture and Experience	3
ETH 042	Asian American Experience	3
ETH 050	California Native American Culture	3
ETH 056	Native Americans of North America	3
Family Consumer Studies		
FCS 070	Child Development	3
Geography		
GEOG 010	Introduction to Physical Geography	3
Health Education		
HED 010	Introduction to Public Health	3
History		
HIST 001	Survey of American History	3
HIST 003A	World History to 1500	3
HIST 003B	World History From 1500	3
HIST 010A	Development of Western Culture I	3
HIST 010B	Development of Western Culture II	3
HIST 014	Women in American History	3
HIST 017A	History of the United States	3
HIST 017B	History of the United States	3
HIST 021	African American History	3
HIST 022	Mexican-American History	3
HIST 023	Asian American History	3

HIST 035	California History	3
HIST 040	United States Military History	3
HIST 045	Modern America	3
HIST 047	History of Indigenous Peoples of North America	3
Journalism		
JOURN 010	Media Technologies and Society in the Digital Age	3
Political Science		
POLSC 001	Politics and Government In America	3
POLSC 002	Introduction to Comparative Government and Politics	3
POLSC 003	Introduction to Political Thought and Theory	3
POLSC 004	Introduction to International Relations	3
Psychology		
PSYCH 001	General Psychology	3
PSYCH 018	Introduction to Research Methods	3
PSYCH 025	Psychology of Women: Global Perspective	3
PSYCH 026	Violence Against Women: Cross-Cultural Perspective	3
PSYCH 027	Introduction to LGBTQ Studies	3
PSYCH 030	Introduction to Biological Psychology	3
PSYCH 051	Introduction to Cross-Cultural Psychology	3
PSYCH 060	Personal Growth and Adjustment	3
PSYCH 092	Developmental Psychology	3
PSYCH 096	Marriage, Family, and Intimate Relationships	3
PSYCH 099	Abnormal Psychology	3
PSYCH 100	Human Sexuality	3
Service Learning		
SERV 001	Introduction to Community Service-Learning	1
Sociology		
SOC 010	Introduction to Sociology	3
SOC 011	Social Problems	3
SOC 018	Sociology of Race & Ethnicity	3
SOC 019	Sociology of Sex and Gender	3
Women's Studies		
WOMS 010	Introduction to Women's and Gender Studies	3

US History, Constitution, & American Ideals

(CSU Graduation Requirement – Can be satisfied through coursework in US-1, US-2 and US-3). These courses may also be used to satisfy 6 units in area D. **Complete Option 1 or Option 2.**

Course	Title	Units
Option 1:		
HIST 017A	History of the United States (US-1,2)	3
HIST 017B	History of the United States (US-1,3)	3
Option 2:		

POLSC 001	Politics and Government In America (US-2,3)	3	DANCE 050	Modern Dance, Beginning	1
<i>PLUS one of the following:</i>			DANCE 051	Modern Dance, Intermediate	1
HIST 001	Survey of American History (US-1)	3	DANCE 051B	Modern Dance, High-Intermediate	1
HIST 014	Women in American History (US-1)	3	KINS 008A	Pickleball Beginning	1
HIST 017A	History of the United States (US-1,2)	3	KINS 008B	Pickleball Intermediate	1
HIST 017B	History of the United States (US-1,3)	3	KINS 008C	Pickleball Advanced	1
HIST 021	African American History (US-1)	3	KINS 009A	Badminton, Beginning	1
HIST 022	Mexican-American History (US-1)	3	KINS 009B	Badminton Intermediate	1
HIST 023	Asian American History (US-1)	3	KINS 009C	Badminton Advanced	1
HIST 045	Modern America (US-1)	3	KINS 009D	Badminton Tournament Play	1
HIST 047	History of Indigenous Peoples of North America	3	KINS 012A	Beginning Basketball	1
			KINS 012B	Intermediate Basketball	1
			KINS 012C	Advanced Basketball	1
			KINS 012D	Basketball Tournament Play	1
			KINS 021	Step Aerobics	1
			KINS 022	Ultimate Fitness	1
			KINS 023	Cardio Kickboxing	1
			KINS 031	Lifetime Physical Fitness and Wellness	3
			KINS 034	Fit Camp	1
			KINS 037	Futsal	1
			KINS 037B	Intermediate, Futsal	1
			KINS 037C	Advanced, Futsal	1
			KINS 038A	Soccer, Beginning	1
			KINS 038B	Soccer, Intermediate	1
			KINS 038C	Soccer, Advanced	1
			KINS 039A	Hatha Yoga	1
			KINS 039B	Hatha Yoga Intermediate	1
			KINS 039C	Mindfulness Fitness	1
			KINS 047A	Tennis, Beginning	1
			KINS 047B	Tennis, Intermediate	1
			KINS 047C	Tennis, Advanced	1
			KINS 051A	Table Tennis Beginning	1
			KINS 051B	Table Tennis Intermediate	1
			KINS 051C	Table Tennis Advanced	1
			KINS 052A	Beginning Volleyball	1
			KINS 052B	Intermediate Volleyball	1
			KINS 052C	Advanced Volleyball	1
			KINS 052D	Volleyball Tournament Play	1
			KINS 053A	Walk/Jog Beginning	1
			KINS 053B	Jogging for Fitness	1
			KINS 053C	Jogging for Fitness Intermediate	1
			KINS 054	Indoor Cycling	1
			KINS 055	Aerobics With Music	1
			KINS 056A	Weight Training Beginning	1
			KINS 056B	Weight Training Intermediate	1
			KINS 056C	Weight Training Advanced	1
			KINS 060L	Fitness Center Laboratory	0.5
			KINS 070A	Fitness Walking for Beginners	1
			PED 022A	Adapted Cross Training	1
			PED 056A	Adapted Strength Conditioning	1

AREA E: Lifelong Learning and Self-Development

Minimum 3 units (only 1 unit of physical activity may be used in this area)

Course	Title	Units
COUNS 012	Service-Learning: Personal and Career Development	3
COUNS 013	Career Planning	3
COUNS 014	College Success	3
FCS 019	Nutrition	3
FCS 050	Life Management	3
FCS 070	Child Development	3
HED 010	Introduction to Public Health	3
HED 011	Dynamic Health Concepts	3
KINS 031	Lifetime Physical Fitness and Wellness	3
KINS 033	Introduction to Kinesiology and Physical Education	3
PSYCH 020	Psychology of Stress Reduction	3
PSYCH 025	Psychology of Women: Global Perspective	3
PSYCH 027	Introduction to LGBTQ Studies	3
PSYCH 060	Personal Growth and Adjustment	3
PSYCH 092	Developmental Psychology	3
PSYCH 096	Marriage, Family, and Intimate Relationships	3
PSYCH 100	Human Sexuality	3
SERV 002	Service-Learning: Personal and Career Development	3
Physical Activity		
ATH 058	Sports Conditioning for Competitive Athletes	1
ATH 064	Competitive Soccer	2
ATHW 020	Intercollegiate Women's Badminton	3
ATHW 060	Intercollegiate Women's Soccer	3
DANCE 015	Hip-Hop Dance, Beginning	1
DANCE 016	Hip-Hop Dance, Intermediate	1
DANCE 020	Jazz Dance, Beginning	1
DANCE 021	Jazz Dance, Intermediate	1
DANCE 022	Social Dance	1
DANCE 022B	Intermediate Social Dance	1
DANCE 022C	High-Intermediate Social Dance	1

AREA F: Ethnic Studies

One course - minimum 3 units.

Course	Title	Units
ETH 010	Introduction to Ethnic Studies	3
ETH 035	Sociology of the Chicana Experience	3
ETH 042	Asian American Experience	3