

HEALTH SERVICES

The Student Health Center is committed to promoting optimal health as well as providing urgent medical care for our diverse student population. We serve our students in a culturally appropriate and timely manner.

Our focus, during clinic visits and campus wide initiatives, is on student-centered learning, to prevent disease and maintain health through the achievement of balance in body, mind and spirit. Our goal is to promote health as a means for students to achieve their personal, academic and professional goals.

All services are confidential.

Accidents incurred on campus should be reported immediately to the Campus Police Department at (408) 270-6468. They will contact the Student Health Center, if appropriate, or will arrange for emergency services as needed.

The Student Health Center offers medical and mental health services during the Fall and Spring sessions. The Student Health Center is open during most weeks of the Summer and Winter sessions; however, the services are limited since there are no medical providers or mental health counselors on duty. The Health Fee is not charged during Summer and Winter sessions.

Services Available

- Physical examinations and preventive health screenings, including PAP Smears and STD testing
- Health education and counseling on nutrition, exercise and healthy lifestyles
- Urgent care for acute illnesses or injuries
- Diagnosis and management of acute conditions
- Initial diagnosis and management of chronic conditions, with appropriate referrals for ongoing care
- Physician consultation for medical questions or concerns
- Immunizations and TB skin testing, as available
- Pregnancy tests and Birth Control
- Selected low-cost medications, as available
- Low cost laboratory tests as ordered by the provider
- Referrals to community health agencies, continuity practices, and specialists as needed

Services Not Covered (This list is not exhaustive)

- Ambulance, family coverage, fees involving off-campus care, hospitalizations, laboratory costs, ongoing medical care, pharmacy costs, or X-ray costs.

The current health fee is \$21.00 per semester and is mandatory for all students, with the following exceptions:

- Concurrently enrolled high school students with an approved R-40 and/or R-42 form on file
- Indentured apprentices fulfilling related instruction requirements (proper documentation required)
- Students who are dependent exclusively upon prayer for healing, in accordance with teachings of a bona fide religious sect, denomination, or organization (proper documentation required)
- Students enrolled only for classes meeting off-campus
- Students taking Friday evening, Saturday or Sunday classes only

- Students taking short-term classes, which meet on campus seven times or less

Requests for waivers or refunds of the Health Fee are made at the Office of Admissions & Records. These requests may be made at the beginning of each semester by filling out the online form under the Admissions and Records tab. http://www.evc.edu/StudentAffairs/Documents/EVC%20Health-Fee-Exemption_3-8-17_fillable.pdf

Financial and Legal Limitations

Although the College provides health services for enrolled students, it is in no way financially responsible for the total medical care of the student, nor is it legally liable for accidents occurring on campus.

Location

The Student Health Center is located in SC-124, on the lower floor of the Student Services Center. For more information or to make an appointment, please call (408) 270-6480.

Please check the Health Services webpage and/or the outside of the clinic for the most current office hours. <http://www.evc.edu/current-students/support-programs/student-health-services>

Mental Health and Wellness

Mental Health and Wellness services are available to all currently registered students at EVC. Psychological services and Case Management services are available on campus Mondays through Thursdays, usually between the hours of 9:00 a.m. to 5:00 p.m. Our services are offered throughout the 16-week Fall and Spring semesters, but we are not available during the Winter and Summer sessions. Hours of operation are subject to change. Please visit our website or call (408) 270-6480 for more information.

Psychological Services

Psychological services on campus aim to help students cope with emotional and/or behavioral issues that may pose an obstacle to optimum academic success. We offer weekly, therapeutic support in different modalities: individual, couples, and group to students with culturally and ethnically diverse backgrounds, who may be experiencing some of the following concerns:

- Work and College Stress
- Anxiety and Depression
- Drug/Alcohol Problems
- Loss and Grief
- Life Changes
- Family Problems
- Relationship Issues
- Adjustment Issues

Registered Marriage and Family Therapist Associates and Professional Clinical Counselor Associates provide confidential counseling in a safe environment under the supervision of a licensed clinician. Services may be requested through Student Health Services (SC-124) or by calling (408) 270-6480.

Crisis Support

Crisis support and resources are available to students who are experiencing severe distress and require immediate support and intervention. Crisis support services are available on a walk-in basis at

the Student Health Center Monday-Thursday from 9:00 a.m. to 5:00 p.m.

Students who are not in need of immediate support and can wait 2-3 days to be seen are encouraged to make an appointment through Health Services.

Student Support and Case Management

Student Support and Case Management serves students by coordinating prevention, intervention, and support services across campus and community to assist students facing crises, life problems, and other barriers that may impede their personal and academic stability and success.

The case manager may work with students in any, or all, of the following ways:

- Support students in managing crisis, emotional distress or other urgent mental health concerns
- Arrange for appropriate medical or mental health care
- Support students in complying with treatment plans and/or college behavioral expectations
- Provide crisis support and intervention
- Foster self-advocacy in students to manage their academic and personal responsibilities
- Advocate for students individually and systemically
- Assist students who may need concurrent support from on campus services as well as community resources