

NUTRITION AND DIETETICS- ASSOCIATE IN SCIENCE FOR TRANSFER

The Associate in Science in Nutrition and Dietetics for Transfer (AS-T) degree offers students basic knowledge in human anatomy or physiology, psychology, chemistry, and nutrition. Students with a degree in Nutrition and Dietetics find employment within a wide range of organizations, such as medical facilities, research labs, government agencies, universities, pharmaceutical companies, and the food industry. This degree is also an excellent preparation for students planning to continue their education in medicine, public health and/or allied health sciences.

The AS-T in Nutrition and Dietetics is intended for students who plan to complete a baccalaureate degree in Nutrition and Dietetics or a related field of study at a California State University (CSU). Students who complete this degree are guaranteed admission to the CSU system, but not to a particular campus or major. Students transferring to a CSU campus that accepts the AS-T in Nutrition and Dietetics will be required to complete no more than 60 semester units after transfer to earn a baccalaureate degree.

To be awarded the Associate Degree for Transfer, students must have the following:

- Completion of 60 CSU transferable semester units.
- A minimum of at least 2.0 GPA in CSU transferable courses (note that a higher GPA may be required in some institutions).
- Completion of at least 18 units in the major with a grade of "C" or better. A "P" (Pass) grade is also an acceptable grade for courses in the major if the course is taken on a Pass/No Pass basis.
- Certified completion of the CSU General Education-Breadth (CSU GE-Breadth) requirements.

Please Note: No more than 60 semester units are required for this degree and no additional requirements will be imposed by Evergreen Valley College.

Program Learning Outcomes

- Identify the role of nutrients and healthy food preparations for optimal health and well-being.
- Identify nutrition related chronic diseases by applying knowledge of nutrient functions, food sources and physiologic systems.
- Explain how genetics and lifestyle factors affect nutritional and health status.
- Assess a diet for nutrient adequacy using a current computerized USDA database.

Major Requirements

| Course | Title | Units |
|------------------------------------|----------------------|-------------|
| Core Requirements | | |
| BIOL 074 | General Microbiology | 5 |
| CHEM 001A | General Chemistry | 5 |
| FCS 019 | Nutrition | 3 |
| PSYCH 001 | General Psychology | 3 |
| LIST A - Select two courses | | 8-10 |
| BIOL 071 | Human Anatomy | |

| | | |
|-----------------------------------|--------------------------------------|------------|
| or BIOL 072 | Human Physiology | |
| CHEM 001B | General Chemistry | |
| CHEM 012A | Organic Chemistry | |
| MATH 063 | Elementary Statistics | |
| or BUS 060 | Fundamentals of Business Statistics | |
| LIST B - Select one course | | 3-5 |
| BIOL 021 | General Biology | |
| CHEM 012B | Organic Chemistry | |
| CHEM 030A | Introduction to Chemistry | |
| CHEM 030B | Introduction to Chemistry | |
| ECON 010A | Principles of Macroeconomic Theory | |
| ECON 010B | Introduction to Microeconomic Theory | |
| SOC 010 | Introduction to Sociology | |

Total Requirements

| Course | Title | Units |
|--|-------|-----------|
| Major Requirements | | 27-31 |
| CSU-GE Breadth ¹ | | 39 |
| Transferable electives (as needed to reach 60 units) | | |
| Total Units | | 60 |

¹ Some GE courses may be double-counted within the major and will reduce the number of units. General electives may be needed to reach 60 units. Please consult with a counselor to determine which courses are applicable.