

STUDENT HEALTH AND WELLNESS SERVICES

Located in the Student Services Complex, Room S-1041

The Student Health and Wellness Department offers both Health Services (medical) and Wellness Services (mental health). We are committed to promoting optimal health for our diverse student population. We serve our students in a culturally appropriate and timely manner. Our focus, during scheduled appointments and campus wide initiatives, is on student-centered learning, to prevent disease and maintain health through the achievement of balance in body, mind and spirit. Our goal is to promote health as a means for students to achieve their personal, academic and professional goals. **All services are confidential.**

Accidents incurred on campus should be reported immediately to the Campus Police Department at (408) 270-6468. They will contact the Student Health and Wellness Department, if appropriate, or will arrange for emergency services as needed.

The Student Health and Wellness Department offers appointments during the Fall and Spring sessions for all currently registered students. The office is open during Intercession and Summer for information, first aid supplies, or over-the-counter medication, but Health and Wellness Clinicians may not be scheduled to work during these terms.

Location

The Student Health and Wellness Department is located in the Student Services Building, S-1041. For more information or to make an appointment, please call us at (408) 270-6480.

For the most current hours, please call the office, check the Student Health and Wellness Services webpage, or view the posted hours outside the clinic door.

Health Services

- Physical examinations and preventive health screenings, including PAP Smears and STI testing
- Family PACT Program application assistance and access to free family planning services if qualified
- Health education and counseling on nutrition, exercise and healthy lifestyles
- Urgent care for acute illnesses or injuries
- Diagnosis and management of acute conditions
- Initial diagnosis and management of chronic conditions, with appropriate referrals for ongoing care
- Physician consultation for medical questions or concerns
- Immunizations and TB skin testing, as available
- Pregnancy tests and birth control
- Selected low-cost medications, as available
- Low cost laboratory tests, as ordered by the provider
- Referrals to community health agencies, continuity practices, and specialists, as needed

Services Not Covered (*This list is not exhaustive*)

- Family coverage
- Ambulance transport

- Hospitalizations
- Charges for off-campus care or ongoing medical care
- Fees for medication, laboratory tests, x-rays, etc.

Wellness Services

Wellness Counseling, Crisis Support, and Care Management Services are available to all currently registered students at EVC. Our services are offered throughout the 16-week Fall and Spring semesters, and we may have limited availability during the Winter and Summer sessions. Hours of operation are subject to change. Please visit our website or call (408) 270-6480 for more information and current days / times that services are available.

Wellness Counseling

Wellness Counseling helps students cope with emotional and/or behavioral issues that may pose an obstacle to optimum academic success. We offer weekly, therapeutic support in different modalities (individual and group sessions) to students with culturally and ethnically diverse backgrounds, who may be experiencing some of the following concerns:

- Work and College Stress
- Anxiety and Depression
- Drug/Alcohol Problems
- Loss and Grief
- Life Changes
- Family Problems
- Relationship Issues
- Adjustment Issues

Services may be requested through Student Health and Wellness Services (S-1041) or by calling (408) 270-6480.

Crisis Support

Crisis support and resources are available to students who are experiencing severe distress and require immediate support and intervention. Crisis support services can be requested by contacting Student Health and Wellness Services in S-1041 or by calling 408-270-6480. Students who are not in need of immediate support and can wait 2-3 days to be contacted by a Wellness Counselor are encouraged to make a Counseling appointment by calling the Student Health and Wellness Office at 408-270-6480.

Care Management

Care Management serves students by coordinating prevention, intervention, and support services across campus and community to assist students facing crises, life problems, and other barriers that may impede their personal and academic stability and success.

The Care Manager may work with students in any, or all, of the following ways:

- Support students in managing a crisis, emotional distress or other urgent mental health concerns
- Arrange for appropriate medical or mental health care
- Support students in complying with treatment plans and/or college behavioral expectations
- Provide crisis support and intervention
- Foster self-advocacy in students to manage their academic and personal responsibilities

- Advocate for students individually and systemically
- Assist students who may need concurrent support from on-campus services as well as community resources

Health Fee

The current health fee is \$21.00 per semester and is mandatory for all students, with the following exceptions:

- Concurrently enrolled high school student with an approved Special Admit Form
- Indentured apprentices fulfilling related instruction requirements (proper documentation required)
- Students who are dependent exclusively upon prayer for healing, in accordance with teachings of a bona fide religious sect, denomination, or organization (proper documentation required)
- Students enrolled only for classes meeting off-campus
- Students taking Friday evening, Saturday or Sunday classes only
- Students taking short-term classes, which meet on campus seven times or less

Requests for waivers or refunds of the Health Fee are made at the Office of Admissions & Records. These requests may be made at the beginning of each semester by filling out the online form under the Admissions and Records tab. <https://www.evc.edu/sites/default/files/2022-04/Health-Fee-Exemption.pdf>

Financial and Legal Limitations

Although the College provides Health and Wellness Services for enrolled students, it is in no way financially responsible for the total medical care of the student, nor is it legally liable for accidents occurring on campus.